

SAILING PROGRAM WAIVER & RELEASE

IMPORTANT INFORMATION

The Wilmette Park District is committed to conducting its recreation programs and activities in a safe manner and holds the safety of participants in high regard. The Wilmette Park District continually strives to reduce such risks and insists that all participants follow safety rules and instructions that are designed to protect the participants' safety. However, participants and parents/guardians of minors registering must recognize that there is an inherent risk of injury when choosing to participate in recreational activities.

You are solely responsible for determining if you or your minor child/ward are physically fit and/or adequately skilled for the activities contemplated by this agreement. It is always advisable, especially if the participant is pregnant, disabled in any way or recently suffered an illness, injury or impairment, to consult a physician before undertaking any physical activity.

WARNING OF RISK

Sailing is intended to challenge and engage the physical, mental and emotional resources of each participant. However, despite careful and proper preparation, instruction, medical advice, conditioning and equipment, there is still a risk of serious injury, including drowning. Understandably, not all hazards and dangers can be foreseen. The very nature of sailing is hazardous and risky, including but not limited to being hit by the boom, getting fingers caught in winches or blocks, inadequate or defective equipment, striking other water craft or stationary objects, falling or being thrown overboard, capsizing, hypothermia, sunburn, sunstroke, high winds, inexperience, failing to wear a life jacket or personal floatation device, failure to monitor weather changes and to adjust the rigging appropriately, horseplay, carelessness, acts of God, inclement weather, inadequate supervision or instruction, and all other circumstances inherent to the sport of sailing and water activities. In this regard, it must be recognized that it is impossible for the Wilmette Park District to guarantee absolute safety.

WAIVER & RELEASE OF ALL CLAIMS, ASSUMPTION OF RISK AND INDEMNIFICATION

Please read this form carefully, you will be waiving and releasing any and all claims for injuries you or your minor child/ward might sustain arising out of any activity associated with or connected with use of Wilmette Park District staff and equipment.

I recognize and acknowledge that there are certain risks of physical injury to persons using this equipment, and I voluntarily agree to assume the full risk of any and all injuries, damages or loss, regardless of severity, that my minor child/ward or I may sustain as a result of this agreement. I further agree to waive and relinquish all claims I or my minor child/ward may have (or accrue to me or my child/ward) arising out of use of this staff and equipment against the Wilmette Park District, including its officials, agents, volunteers and employees (collectively "Wilmette Park District").

I hereby fully and forever waive, release and relinquish any and all claims, demands and actions whatsoever that I or my minor child/ward may have against the Wilmette Park District and arising out of, connected with, incidental to, or in any way associated with this agreement.

I further agree to indemnify, hold harmless and defend the Wilmette Park District from any and all third party claims and actions resulting from injuries, damages and losses arising out of, connected with, or in any way associated with this agreement.

In the event of any emergency, I authorize the Wilmette Park District to secure from any hospital, physician, and/or medical personnel, any treatment deemed necessary for immediate care and agree that I will be responsible for the payment of any and all medical services rendered. I have read and fully understand the Details, Waiver and Release of All Claims and Permission to Secure Treatment.

I have read and fully understand the above important information, warning of risk, assumption of risk and waiver and release of all claims.

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PLEASE PRINT

Participant's Name

Date _____

Participant's Signature

(18 years or older or Parent/Guardian)

Participation will be denied If the signature of adult participant or parent/guardian and date are not on this waiver.

Safety Rules for Sailing Lessons and Group Sailing

- Life jackets (PFDs) must be worn by all participants at all times while on any vessel owned and/or operated by the Wilmette Park District
- All participants must be able to swim 50 feet.
- All participants must follow instruction given by the skipper of the vessel while underway.
- Participants will not be allowed on front trampoline of Hobie Getaway boats
- Jumping off any vessel while underway is strictly prohibited
- Keep noise level at an acceptable level. (no yelling)
- No standing, jumping, or rough housing on vessel
- Inappropriate conduct will not be tolerated
- Sailing will take place on days when lake conditions are favorable (wind to 15 knots, waves to 3 feet, no lightning)
- Land lessons will take place when lake conditions are not favorable
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